

**Port Taranaki Triathlons and Duathlons**  
**Ngamotu Beach 17/03/2013 Club Triathlon Championships**

| Rank                   |            |            | Time    | Overall Finish Order |
|------------------------|------------|------------|---------|----------------------|
| <b>Short Triathlon</b> |            |            |         |                      |
| <b>Veteran Male</b>    |            |            |         |                      |
| 1                      | John       | Forrest    | 0:36:00 | 1                    |
| 2                      | Shane      | Martin     | 0:40:08 | 2                    |
| 3                      | John       | Lykles     | 0:56:22 | 6                    |
| <b>Senior Female</b>   |            |            |         |                      |
| 1                      | Carolyn    | Armstrong  | 0:49:52 | 4                    |
| 2                      | Jackie     | Crawford   | 0:54:28 | 5                    |
| <b>Veteran Female</b>  |            |            |         |                      |
| 1                      | Donna      | Milner     | 0:46:26 | 3                    |
| <b>Long Triathlon</b>  |            |            |         |                      |
| <b>Junior Male</b>     |            |            |         |                      |
| 1                      | Nicholas   | Tipler     | 1:54:46 | 4                    |
| <b>Senior Male</b>     |            |            |         |                      |
| 1                      | Aaron      | Wood       | 1:43:27 | 1                    |
| 2                      | Hayden     | Markham    | 1:55:13 | 5                    |
| 3                      | Mark       | Wales      | 1:55:24 | 6                    |
| 4                      | Tony       | Williams   | 1:59:32 | 7                    |
| 5                      | Matt       | Sigurdsson | 2:01:40 | 8                    |
| 6                      | Mark       | Gordon     | 2:04:56 | 9                    |
| 7                      | Paul       | Riley      | 2:20:05 | 14                   |
| 8                      | Doug       | Moore      | 2:20:24 | 16                   |
| <b>Veteran Male</b>    |            |            |         |                      |
| 1                      | Steve      | Webber     | 1:52:25 | 2                    |
| 2                      | Shorty     | Clark      | 1:52:30 | 3                    |
| 3                      | John       | Doucette   | 2:56:48 | 22                   |
| <b>Senior Female</b>   |            |            |         |                      |
| 1                      | Kirsten    | Kowalewski | 2:14:20 | 11                   |
| 2                      | Chanel     | Smith      | 2:22:22 | 18                   |
| 3                      | Lana       | Phipps     | 2:25:29 | 19                   |
| <b>Veteran Female</b>  |            |            |         |                      |
| 1                      | Joy        | Baker      | 2:15:28 | 12                   |
| 2                      | Dianne     | Kowalewski | 2:20:06 | 15                   |
| 3                      | Julie      | Owen       | 2:20:48 | 17                   |
| 4                      | Clare      | Rinckes    | 2:27:27 | 20                   |
| 5                      | Emma       | Doucette   | 2:39:44 | 21                   |
| <b>Team</b>            |            |            |         |                      |
| 1                      | Core Group |            | 2:06:00 | 10                   |
| 2                      | Bolshies   |            | 2:16:34 | 13                   |

**Short Duathlon****Junior Male**

|   |      |           |         |   |
|---|------|-----------|---------|---|
| 1 | Liam | Aitchison | 0:47:33 | 4 |
|---|------|-----------|---------|---|

**Veteran Male**

|   |        |           |         |   |
|---|--------|-----------|---------|---|
| 1 | Brian  | Aitchison | 0:37:42 | 1 |
| 2 | Gerard | Kalin     | 0:43:50 | 2 |
| 3 | Peter  | Burgess   | 0:54:49 | 5 |

**Senior Female**

|   |         |           |         |   |
|---|---------|-----------|---------|---|
| 1 | Rebecca | Adendorff | 1:11:08 | 6 |
|---|---------|-----------|---------|---|

**Team**

|   |           |  |         |   |
|---|-----------|--|---------|---|
| 1 | Luving It |  | 0:46:02 | 3 |
|---|-----------|--|---------|---|

**Long Duathlon****Senior Male**

|   |      |         |         |   |
|---|------|---------|---------|---|
| 1 | Merv | Hunger  | 1:54:04 | 2 |
| 2 | Paul | Randall | 1:56:59 | 3 |

**Veteran Male**

|   |       |         |         |   |
|---|-------|---------|---------|---|
| 1 | Barry | Marnoch | 1:51:01 | 1 |
|---|-------|---------|---------|---|

**Team**

|   |                   |  |         |   |
|---|-------------------|--|---------|---|
| 1 | Young and Younger |  | 2:04:46 | 4 |
|---|-------------------|--|---------|---|