

**Carefirst Medical Centre Triathlons and Duathlons**  
**Inglewood 25 November 2012**

Rank			Time	Overall Finish Order
<b>Short Triathlon</b>				
<b>Junior Male</b>				
1	Joshua	Hanrahan	0:32:40	1
<b>Veteran Male</b>				
1	Jon	Wallace	0:45:21	6
<b>Senior Female</b>				
1	Louisa	Webber	0:37:48	2
2	Megan	Auger	0:41:54	3
3	Karley	Meads	0:42:12	4
<b>Veteran Female</b>				
1	Philipa	Fairclough	0:42:27	5
2	Henriette	Roodt	0:50:24	7
3	Des	Paulsen	0:54:15	8
<b>Long Triathlon</b>				
<b>Junior Male</b>				
1	Max	Hardie-Boys	1:00:02	4
<b>Senior Male</b>				
1	Aaron	Wood	0:58:43	2
2	Richard	Stieller	1:01:20	5
3	Max	Gordon	1:02:35	6
4	Matt	Sigurdsson	1:03:01	8
5	Max	Whiting	1:11:57	15
<b>Veteran Male</b>				
1	Tony	Brownrigg	0:58:21	1
2	John	Forrest	0:59:54	3
3	Steve	Webber	1:02:48	7
4	Chris	Pulford	1:03:55	9
5	Brian	Aitchison	1:05:48	10
6	Nick	Whiting	1:08:56	12
7	John	Lykles	1:45:50	27
<b>Junior Female</b>				
1	Emma	Daniels	1:07:22	11
2	Jessica	Leary	1:10:19	13
<b>Senior Female</b>				
1	Kirsten	Kowaleski	1:11:18	14
2	Lana	Phipps	1:14:33	18
3	Clavelly	Lilburn	1:20:22	19
4	Adelaide	Wilson	1:28:32	23
5	Carolyn	Armstrong	1:32:13	24
6	Jackie	Crawford	1:33:47	25
<b>Veteran Female</b>				
1	Joy	Baker	1:13:56	16
2	Dianne	Kowaleski	1:21:56	20
3	Clare	Rinckes	1:22:14	21
4	Donna	Milner	1:25:15	22
5	Lou	Roebuck	1:34:28	26
<b>Team</b>				
1	Hofmans		1:14:10	17

**Short Duathlon****Junior Male**

1	Liam	Aitchison	0:45:00	3
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**Veteran Male**

1	Gerard	Kalin	0:40:51	1
2	Steve	Chamberlain	0:44:47	2

**Senior Female**

1	Mel	Loving	0:48:12	4
2	Abbie	Pope	0:57:21	6

**Team**

1	Emnole		0:51:45	5
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**Long Duathlon****Senior Male**

1	Hamish	Fleming	0:59:22	1
2	Merv	Hunger	1:01:17	2
3	Tony	Williams	1:06:29	7
4	Paul	Randell	1:06:55	8
5	James	Murphy	1:10:08	10

**Veteran Male**

1	Russell	Mancer	1:01:25	3
2	Robert	Allemann	1:02:39	4
3	Barry	Marnoch	1:03:05	5
4	Brohn	Torckler	1:04:10	6
5	Bruce	Loving	1:14:40	11

**Veteran Female**

1	Margy	Weston	1:07:11	9
2	Michele	Lace	1:24:45	12