

Taranaki Stride + Ride Series
Race 5- Lake Mangamahoe Forest
9 October 2016

Rank			Time	Overall Finish Order
Short Duathlon 1km Run/Walk / 7.5km MTB / 1km Run/Walk				
Female				
1	Jessica	Davies	0:58:32	2
2	Jo	Godwin	1:12:03	4
Male				
1	Brian	Aitchison	0:49:03	1
Team				
1	Broken Ones		1:05:42	3
Long Duathlon 2km Run/Walk / 15km MTB / 2km Run/Walk				
Male				
1	Sam	Weise	1:21:12	1
2	Ben	Langford	1:25:00	2
3	Alex	Stuart	1:29:34	3
4	David	Sleep	1:49:44	4